

**Progress Report
Participatory
Integrated
Development
Society**

**P I D S
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11-A, Chaman Housing Scheme, Quetta
Phone: 831224
Email: pidsrd@ultra.net.pk

Introduction

Since the inception of **PIDS** in February 1999 the initiative and interaction with senior representatives of Government, with enthusiastic communities and professionals from development fields has enabled, guided and conveyed the organization the strong sense that it is doing something for the healthy and prosperous livelihood of the communities and their future generations. With its mission and vision to see a disease free society through provision and promotion of safe drinking water, sanitation and hygiene education with active community participation.

PIDS mainly focuses on provision of safe drinking water to the rural area communities with the community involvement, by providing hand pumps and digging wells. It also imparts health; hygiene and hand pump caretaker trainings to create preventive health care awareness among the masses.

PIDS also assist establishing hardware shops in the nearby area. For convenience and easy availability of spare parts of hand pumps to the villagers in case any spare part is needed.

The progress report of **PIDS** for the year 2000 represents the projects executed and completed by the organization during the year. A number of hand pumps, pour flush latrines and lane sewers have been constructed along with technical and health and hygiene education trainings to master trainers, DEOs, SDEOs, other government staff, CBOs and community members.

During the year 2000 the following donors assisted PIDS:

- Government of Balochistan
 1. Public Health Engineering Department
 2. Local Government and Rural Development Department
 3. Primary Education Directorate
- Royal Netherlands Embassy
- UNICEF Quetta
- OXFAM
- Insaf Welfare Trust

Water and Sanitation A Basic Need

Water is intimately linked to health in several ways. It is important to address the increasing need for adequate and safe water to protect both people and land.

Preventing Disease

Through WHO findings over two million people most of them children die each year of diarrhoeal diseases linked to inadequate water supply, hygiene; and another million die of water borne diseases such as Malaria. Almost half of the world's population has no acceptable means of sanitation.

Improved water quality, sanitation and personal hygiene significantly reduce the spread of these and many other water-related diseases, which are currently wide spread. Lack of improved domestic water supply leads to diseases. Better water resources planning and management have a similar beneficial impact on the incidence of vector borne diseases.

Skin and eye infections are spread when there is lack of sufficient quantities of water for washing and personal hygiene, and people are unable to keep their hands, bodies and domestic environments clean and hygienic.

Preventing diseases helps to alleviate poverty. Most people in Pakistan and especially in Balochistan with out access to improved water sources and without basic hygiene and sanitation include the poorest people and some of the un-healthiest. A first step towards alleviating poverty is to acknowledge the many components as well as note the major contribution of water and sanitation to poverty alleviation and development.

Improving health

Safe water, adequate sanitation and hygiene education are basic human rights that protect health, increase the sense of well being and improve economic and social productivity. In addition water related activities and sports contribute to healthy lifestyles and longevity.

Sanitation facilities interrupt the transmission of much faecal oral diseases at its most important source by preventing human faecal contamination of water and soil. Evidence suggests that sanitation is at least as effective in preventing disease as improved water supply. However it involves major behavioral changes. Sanitation is likely to be particularly effective in controlling worm infections. Adults often think of sanitation in adult terms, but safe disposal of children's faeces is of critical importance.

Children are the main victims of diarrhoea and other faecal oral diseases, and also the most likely source of infection. Child friendly toilets, and the development of effective school sanitation programs, are important strategies for promoting the demand for sanitation facilities and enhancing their impact.

Adequate quantities of safe water and good sanitation facilities are necessary for healthy living, but their impact will depend upon how they are used, these three key hygiene behaviors are of utmost importance:

- ❖ Hand washing
- ❖ Safe disposal
- ❖ Safe water handling and storage

Handpumps

Access to a convenient source of clean water brings time saving s and reduced drudgery for the house hold water carriers- commonly women and children, while easy availability of water for washing and bathing encourages greater cleanliness and leads to better living. Other benefits of which the most important is better health may be less immediately apparent, and will often depend on additional inputs such as sanitation improvements and hygiene education if maximum impact is to be obtained from the convenience of hand pumps.

The main objectives of the programs have been to promote the development and implementation strategies, which will improve the reliability of the hand pump schemes. Maintenance of the hand pump is the responsibility of the community as the design of the pump is easy and suitable for repair by a trained caretaker with basic tools and spare parts affordable and readily available to the community.

Highest potential for sustainability is achieved when the community is involved in all phases of the project and is willing to manage hand pumps maintenance.

- **RNE assisted Rural Development program PIDS** installed 102 hand pumps in Loralai, Pishin, Kalat and Khuzdar districts.
- **UNICEF funded Primary Environmental Care program** for Girls primary Schools (**PECGPS**), 25 hand pumps were installed in various girls primary schools in the suburbs of Quetta city and a number of 50 hand pumps in Turbat and Kharan districts.
- **PIDS** with the assistance of **UNICEF and Primary Education Directorate (PED)** Government of Balochistan installed 50 hand pumps in Turbat and Kharan districts. Under **SWEET** program.
- **PIDS** installed 35 hand pumps in Lasbela district under **Sanitation Acceleration** program of **UNICEF**.

- **PIDS** installed 40 hand pumps in Ziarat district and 150 hand pumps in Awaran district under **Poverty Alleviation Program of Government of Balochistan**.
- **PIDS** installed 20 hand pumps under **Drought relief activities** with the assistance of **OXFAM** in Khuzdar district.
- **PIDS** has entered in to an agreement with **Insaf Welfare Trust** for the installation of a number of 100 hand pumps in drought-affected districts of Turbat, Panjgoor, Chaman and Qila Saifullah of Balochistan province under **drought relief** project. Work on this project will be continued during the year 2001.

Latrines

PIDS also works for the development of safe hygiene habits of rural and urban communities of Balochistan. It focuses the on provision of facility with in the compound of the house. As the female users usually face problems due to absence of house hold latrine with in the premises of the house. The female usually suffer, as they have to wait for the darkness of night to envelop the daylight when they can go outside their houses to meet the need of nature.

To lessen such burden on women **PIDS** extends its services by providing the household latrine (HHL) with full community participation to facilitate the community for construction of HHL.

- **PIDS** installed 300 demonstration latrines in Loralai, Pishin, Kalat and Khuzdar districts under the **RNE** assisted **Rural Development** program.
- **PIDS** has installed 50 latrines under **UNICEF** assisted **PECGPS** program around Quetta city.
- **PIDS** installed 100 latrines in the relief camps of drought-affected area of Kharan district with the assistance of **UNICEF**.

Trainings & Community Mobilization

Training is an important component of **PIDS** activities. Its network is working very effectively in rural communities of the province. Staff in the districts from local government and NGOs/CBOs has all been regularly trained in the methodology adopted by **PIDS**, with emphasis on community involvement, women involvement/ gender and hygiene education as well as technical training.

The training courses were continuously updated to gradually prepare the staff for more community and women involvement in the implementation methodology. Through continuous series of trainings, given in a participatory way to all the CBOs and district staff has been thoroughly exposed to the community-based methodology. Following trainings had been conducted by **PIDS**.

- RNE supported Rural Development Program, Conducted hand pump caretaker and health hygiene trainings for males and females of villages of the four districts i.e. Loralai, Pishin, Kalat and Khuzdar. In these areas 500 men have been trained as hand pump caretakers and a number of 100 women have been trained in health and hygiene.
- UNICEF assisted Focused Local Area Hygiene Education training under the sanitation acceleration program for the concerned NGOs and Government staff. A number of 117 trainings of village, district and provincial level were conducted and a number of 1657 men and women were trained in this program. Including master trainers.
- UNICEF and GOB assisted PECGPS in Turbat and Kharan; trainings were imparted to teachers and parents, DEOs and SDEOs about importance of health, hygiene and safe environment.

Quetta Kachi Abadi environmental Management Program (QKAEMP)

PIDS is working as implementing partner of the QKAEMP with the Dutch assistance. The objective of the program is to provide safe sanitation to the urban slums of Quetta through community

participation. **PIDS** conducted health, hygiene trainings and sewerage lane maintenance training for the male and female members of the suburban low-income area of Quetta City.

A number of 9 trainings were conducted in Kharotabad and Mominabad and a total number of 45 women were trained in Kharotabad and 37 women were trained in Mominabad.

PIDS Communication/ Media

Media can increase understanding of water, health and sanitation and education among the general public; how health can be improved and diseases reduced through awareness creation and with the help of the work and activities done. It can also increase commitment from leaders, religious people, politicians and government to improve the existing situations.

Besides working directly with the communities at the grass root level **PIDS** utmost effort is to remain in contact with the local media specially the newspapers.

The news items not only mention the work done by **PIDS** but also enhance the need of similar work to be replicated from the other Government, NGO plat form and by the community it self.

It is ensured that any news item disseminated from **PIDS** advances the organizations objectives and mission. The accuracy of dates, figures and sources are double-checked.

Project Name: Rural Development Program				
Donor: Royal Netherlands Embassy (RNE)				
Districts: Loralai, Pishin, Kalat, Khuzdar				
Sr. No	Handpumps Installed	Household Latrines	No. HP Care Taker Trained	No. Women H& H Trained
01.	103	300	500	100
TOTAL				
103	300	500	100	100

Project Name: SWEET					
Donor: Primary Education Directorate & UNICEF					
Sr. No	District	Handpumps Installed	Latrine Rehabilitation	No. HP Care Taker Trained	No. Women H& H Trained
01.	Turbat	25	25	50	50
02.	Kharan	25	25	50	50
	TOTAL	50	50	100	100

Project Name: PEGGPS					
Donor: Primary Education Directorate & UNICEF					
Sr. No	District	Handpumps Installed	Latrine Rehabilitation	No. HP Care Taker Trained	No. Females H& H Trained
01.	Turbat	25	25	50	50
02.	Kharan	25	25	50	50
	TOTAL	50	50	100	100

Project Name: Sanitation Acceleration					
Donor: UNICEF					
Sr. No	District	Handpumps Installed	No. HP Care Taker Trained	No. Of Govt. /CBO Officials Trained	No. Females H& H Trained
01.	Bela	35	67	106	346
	TOTAL	35	67	106	346

Project Name: Poverty Alleviation Program			
Donor: LGRDD Govt. of Balochistan			
Sr. No	District	Handpumps Installed	No. HP Care Taker Trained
01.	Ziarat	40	80
02.	Kalat	14	28
	TOTAL	54	108

Project Name: Drought Relief Activities			
Donor: OXFAM			
Sr. No	District	Handpumps Installed	No. HP Care Taker Trained
01.	Khuzdar	20	40
	Total	20	40

Project Name: QKAEMP				
Donor: RNE				
Sr. No	District	Sewer Lane Rft	No. H & H Trained Females	No. HHL Distributed
	Quetta Area			
01.	Kharooatabad	2485	45	70
02.	Mominabad	1148	37	46
	Total	3633	82	116